

Growing Healthy Families

ST. ALBANS DISTRICT OFFICE • Vermont Department of Health, WIC Program
20 Houghton Street, Suite 312, St. Albans, VT 05478 • 1-802-524-7970 or 1-888-253-8801



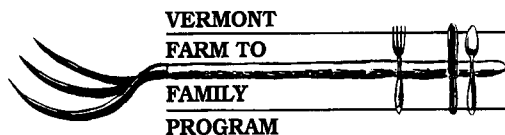
Vermont Farm to Family Program

The Farm to Family Program gives WIC participants coupons for free, locally grown, fresh vegetables and fruits from farmers' markets.

WIC participants over the age of 6 months are eligible for Farm to Family coupons which are available on a first come, first serve basis.

There is a \$60 maximum benefit per family. Mark your calendar now — attend one of the activities listed here to pick up your coupons. Can't make any of these dates? Go to www.WICHealth.org and complete a fun activity involving fruits and vegetables. See the back of this page for directions.

See you this summer!



Come to a Farm to Family Activity and get your coupons!

Join us for a fun family activity, recipes and more!

Drop in anytime during the times listed.

DATE	TIME	PLACE
Friday, June 27	9:30 a.m.–12:30 p.m.	Vermont Department of Health 20 Houghton Street St. Albans 1st floor conference room
Wednesday, July 2	3:00–6:00 p.m.	South Hero Farmers' Market St. Rose Church, Route 2
Saturday, July 12	9:00 a.m.–1:00 p.m.	Richford Farmers' Market 21 Main Street across from Main Street Market
Saturday, July 19	9:00 a.m.–2:00 p.m.	Northwest Farmers' Market Taylor Park St. Albans
Saturday, July 26	9:00 a.m.–1:00 p.m.	Enosburg Farmers' Market Lincoln Park Main Street
Saturday, August 9	9:00 a.m.–2:00 p.m.	Northwest Farmers' Market Taylor Park St. Albans
Wednesday, August 13	3:00–6:00 p.m.	South Hero Farmers' Market St. Rose Church, Route 2



- Coupons are distributed on a first come, first serve basis.
- Supplies are limited, call ahead for coupon availability.
- For directions to any of the above locations, please call the WIC office.